

*Each reflection is about 10 minutes long and will be followed by silence. In the silence, you are welcome to walk the labyrinth, walk our gardens, sit silently in the sanctuary or go into Thatcher Hall for refreshment.*

*You are welcome to come to all of this or just part of it. If plan to attend lunch, please email Mary Lockey ([mlockey195@gmail.com](mailto:mlockey195@gmail.com)) so we can have a gracious plenty available.*

10:00 - Welcome/ Reflection on Preparation

Simple Guidance on Centering Prayer *offered by Joslyn+*

10:30 – “Being Love Known” a reflection on the Incarnation *offered by Susan Williams*

11:00 – Reflection on Auden’s poem “For the Time Being” *offered by Bob Stambaugh*

11:30 – “Walking the Labyrinth as a Spiritual Act of Anticipation” *offered by Nancy Truluck*

12:15 - Contemplative Lunch with Optional Table Conversation *offered by Mary Lockey and friends*

1:00 - “A Guided Advent Meditation” *offered by Earle Pratt+*

1:45 – Musical Reflection *offered by Grace Parishioners*

2:00 – “Grieving with Hope” *offered by Maureen Hunt*

2:30 - Contemplative Eucharist *with Orion Davis+ as presider*

3:00 – Quiet Ends...but join us in Thatcher Hall for to make Anglican Prayer Beads