



Grace Notes
September 2017

Grace Church in the Mountains
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Rector's Reflections



Sunday, September 3, marks the half-way point through the "green growing season" after Pentecost. I love this time of year, associating with the excitement of a new school year, anticipating the emergence of autumn colors, and hungering for the harvest feast.

We are in a "green growing season" in every sense of the word here at Grace. Our increased presence in the community, through things like Friday morning prayer at Panacea and our newcomer gatherings at local restaurants, is signaling to the wider community that we like to have fun together, value spiritual growth, and that we are committed to being people of "hope, justice and love" (as we say in one of our Communion Prayers), right here. Our prayers have been answered as God has sent and equipped us with teachers and mentors for our three Sunday School classes beginning

September 10, and our community outreach through the Grace Giving Garden and Saturday Produce Market is bringing all sorts of wonderful neighbors to our little plot of land.

You will notice a few changes in our liturgy as we seek to integrate and honor the many musical traditions that form us as Episcopalians. And we'll even be saying the Lord's Prayer in Spanish as a gesture of our welcoming stance toward Latino members and neighbors. We also have a special "wellness weekend" planned. Saturday, September 23, we will have a Christian yoga retreat from 9:00 – Noon. This is for anyone over 13 years-old, regardless of skill, experience or fitness level. On September 24, we will honor our legacy of compassion and service to those who find hope and nurture in 12-step programs by offering a "Recovery Eucharist," which will help us make connections between our liturgy and the 12-steps.

Spread the word! Grace is growing with God's help!

Joslyn+

Adult Forum Schedule

Sundays: 9:15-10:15 a.m. in Thatcher Hall

Children and youth education, living a good life to the end, recovery ministries, and healing--what more could we want for our September programs? Join us as we explore these topics.

9/03: Children and Youth Teachers--"Sacred Children, Sacred Trust." Please join the instructors of our children and youth for an inter-generational presentation to kick off our ministry to THE FUTURE of Grace Church in the Mountains!

9/10: Patrick and Kathie Johnson and Rev. Joslyn Schaefer--"Dying Well: *Being Mortal*." Join us for a multi-part series covering aging and the issues that patients and their families need to consider and discuss to prepare for "a good life--all the way to the very end." During the forum on July 23, Dr. Michael Pass urged all of us to read *Being Mortal* by Atul Gawande so that we can learn, as Gawande wrote, "what it means to have autonomy--you may not control life's circumstances, but getting to be the author of your life means getting to control what you do with them."

9/17: Jack Geist--"Recovery Ministries in the Episcopal Church." Join us for an overview of the Episcopal Church's Recovery Ministries and how we use the ministry to help people looking for recovery. This program gives people a chance to see how everyone needs a little help every now and then. We will explore the relationship of the 12-step movement and the Episcopal Church throughout the years leading to the 12-step Eucharist service.

9/24: Elaine Dohms--"The Order of St. Luke." The International Order of St. Luke the Physician is made up of clergy, health professionals, and lay people who feel called to make Jesus' Ministry of Healing a regular part of their vocation. It is a Christian Order that is part of many denominational churches. We have learned that Jesus heals today, as he did when he walked the earth many centuries ago. We believe that Jesus' Ministry of Healing should be a vital part of the Christian Church. The Order of St. Luke recognizes our Lord's clear commission to his disciples to preach the Kingdom of God and to heal the sick. (Luke 9:1).

The next meeting of the Adult Education Committee is Tuesday, September 12, at 12 noon in the library. Please join our open meetings or email me at pnolteviau@gmail.com to share your ideas for future programs or to volunteer to lead a program.

Pamela Nolte-Viau

The 2017 Parish Fair Was a SUCCESS!

The day started with breakfast on the porch for the workers, then a beautiful prayer from Priest Joslyn. Then the bell rang at 9:00 a.m. for the start of our fair! The 2017 Grace Church Fair was blessed with the best weather possible.

Stewardship Education

The Stewardship Education Committee is making plans for the 2017 Grace Church Stewardship program. All members of the Grace community will be invited to attend one of the stewardship gatherings, scheduled for October 8-16. The purpose of our stewardship program is to promote prayerful consideration of how each of us uses resources of time, talent, and treasure to promote God's work through Grace Church in the Mountains.

Michael Lodico



Thanks to all of you who volunteered your items, your many talents and time to raise \$17,150.00 for Grace Church Outreach. The fair chairpersons and the Outreach Committee members will meet to discuss the dispersal of the Grace Fair monies to the many groups/organizations in Haywood County who submitted grants. The recommendations from this meeting will be forwarded to the vestry for approval. The Grace Church Outreach Committee will award all monies as directed by the vestry. A report of the dispersal of fair money to grant recipients will be published in a later Grace Church newsletter.

We want to make our 2018 Grace Church Parish Fair even more outstanding. Any ideas you have to add enthusiasm and productivity to our next fair, please provide to Linda Deeb at coffee hour, by calling 850-544-1518 or by email to l.deeb@charter.net. Sadly, 2017 was our last year to have the wonderful music of Charles Alley's band playing during the fair. Our many thanks to Charles for his gift to the Grace Church Parish Fairs for so many years. Your suggestions for music and ideas for the 2018 Fair will be greatly appreciated. Thanks again for all you did to make the 2017 Grace Church Parish Fair so successful!

Linda Deeb

Communications Ministry

At Grace Church, we view our communication ministry as evangelism: spreading the Good News of God's work among us, through us, and sometimes in spite of us! In order to evangelize well, from time to time we need to change and "tweak" the "means" of communication so that the "message" can be heard. Perhaps you've noticed a few changes in how we communicate, like the introduction of the weekly "eNews" that comes via email on Thursdays or Fridays. There will be a few other changes in the months ahead as well: creating a Facebook page for our church (moving beyond our current 'closed group'); refreshing our website; creating an Instagram account and developing a social media policy aimed at youth and their families; and sending out "seasonal guides" focusing on liturgy, formation and fellowship events in the coming liturgical seasons. Our newsletter will likely come out quarterly with a focus on celebrating God's work among us and going deeper on particular topics, like spiritual leadership or outreach ministries.

The Communications Committee is developing a vision statement to guide their work as they implement these changes. The current draft reads: *Grace Church seeks to communicate the Good News of Jesus Christ through media that are convenient and intuitive to all. We focus our communication efforts on three groups: members and affiliates; those peripherally connected to us; and those who don't know about us yet.* Mary Lou Daily chairs this committee and is eager to hear your suggestions for how we might better communicate with you and with the community beyond.

Joslyn+

Called to be Shepherds

We claim Jesus as our Good Shepherd, he who said, "I know my own and my own know me," (John 10:14). If our call is to follow Jesus, to be like Him (so far as it is possible in our limitedness) then we, too, are called to be shepherds (not just sheep): to welcome and incorporate others into the fold that is Grace Church in the Mountains;



to know them, in all their diversity and complexity; to encompass them in our community.

Our vestry has begun working with a somewhat formal program of shepherding, borrowed and adapted from other Episcopal churches, but odds are that most newcomers worshiping with us will not meet a vestry member as their first introduction to us. Feeling welcomed into our church community will depend on: Are they told they are welcome? Are they isolated by a moat of empty seats around them in the sanctuary? Are they invited to coffee hour? Are they welcomed into conversation during coffee hour?

We probably think we are very friendly. (Most Episcopal churches describe themselves as being very friendly.) Those of us who have found close friends and a sense of purpose here are experiencing Grace Church in the Mountains as a very friendly place. But that very sense of connectedness among us can feel like a "closed group" to newcomers as we circle up with our friends at coffee hour rather than focusing on welcoming and including those we don't yet know.

This is Steven Charleston's meditation from Wednesday, August 16. While it is mostly meant to address the divisiveness that led to Charlottesville, it speaks to us as well:

"Sometimes I think we need to hold a national mixer. Do you remember what a 'mixer' is? It is where we all wear little name tags and get introduced to each other. We need to introduce ourselves again. We need to greet one another for who we are. We are human beings. Not statistics for medical insurance. Not aliens or immigrants. Not radicals or reactionaries. Not creatures totally unrelated because of skin color or culture or politics. But human beings. We are human beings. We are the same. We are supposed to be here. We all belong here together. Hello. My Name is..."

So, please, wear your nametag on Sundays. Introduce yourself to someone you don't know, knowing that we all belong here together because God has called us here together.

Paula Welling
Vestry Liaison for Shepherding

Thoughts & Thanks from Jen



About two weeks from the end of my internship and my summer, Joslyn asked me a simple and seemingly nonthreatening question: What were you doing a year ago? In writing, the answer is quite simple: I was preparing to go to college. In thought, it is more complex than this. This was a move from my safe but restrictive childhood home of eighteen years to a school in a new town where I would finally get the fresh start I had always longed for. No one would know anything about me that I did not want them to. My first year of college was wonderful, provocative, challenging, and in certain ways, defeating. There were moments of uncertainty and self-doubt that are deeper than I have ever experienced. Because of all the overwhelming changes, it is difficult for me to wrap my head around the fact that only a year has passed. I have made countless choices in the past year that have lead me down paths I could have never anticipated. For example, I chose a best friend who, unlike me, was raised in

the church and loves God in a way no one had every demonstrated to me. I have only been attending Grace for six months, so have known those of you I met for six months, or less. It feels like much longer, because true to your name, the grace, kindness, generosity, and love that you have shown me has expanded my personal realm of possibility. For Grace Church, this internship was an experiment, but for me it was a new perspective on myself and the way I live my life. The people I have become close to, the doors that have been opened, and the lessons I have learned are something I will carry with me for a long time. Working at the Pigeon Center for ten hours a day taught me resilience, flexibility, and patience. Living completely alone required a sort of courage I have never needed before. Because of your willingness to try something that had never been done before, I in turn got the opportunity to do many things I have never done before. I understand more fully how far the love of God can be translated into the love of a community such as Grace Church or the Pigeon Center, and how I can use this love to be a better person who seeks to make the world a more peaceful and safe place for all. What I want to say is, thank you, and I will hopefully see you all in church very soon.

Much love,
Jen Kirby

A Retreat Experience: Sept. 29 – Oct. 1

Ignatius Retreat House - Atlanta, GA

Directed by Maureen Hunt

“When God Recalculates my Journey”

Just when I think I know where I’m going, I come to a roadblock, a fork in the road, a dead end. I may feel frustrated, lost, scared and I hear the gentle voice of God, “recalculating”. How can I trust the new road may? How do I choose the “right” path at the fork in the road? How do I find my way back when I’ve gone astray?

Maureen Hunt is a psychotherapist and spiritual director with more than 30 years of experience in helping people integrate their psychological development with their spirituality. Her background includes studies in Franciscan and Ignatian spirituality. For more information, please contact IgnatiusHouse.org or call 404-255-050.

Maureen Hunt





The Bus is Overflowing

Thank you to everyone who donated to the "Stuff the Bus" school supplies drive. We provided 30 backpacks to the Haywood Community Learning Center and homeless high school students in Haywood County. We also provided 40 boxes of pens, 20 packs of pencils, 80 notebooks/packs of paper, and a stack of binders and folders (I lost count toward the end) to both high school and middle school homeless students in the county. Again, THANK YOU FOR YOUR SUPPORT!

Heather Cyre

Lay Weeders of the Greater Grace Grounds

You all missed a gloriously cool morning, August 19, to soak in the beauty of our Pet Memorial Garden. Lauren Sutton, Tom Sinagra and his handsome dog, Valerie Gracie, Bernie Weber and myself neatened the area, freed baby lupines and the red stemmed dogwood from the encroaching forsythia, and trained more akebia vine to grow in the chain link fence. There is such a difference now, with fresh mulch and saplings cut away from tree stumps. Take a look. We also weeded the periwinkle/vinca bed around the 1,000-gallon rain barrel.



We are starting to dream of how to make the nook below the pet wall be inviting and attractive, maybe with an outdoor metal table and chairs. Any ideas are welcome.

Thanks to Melissa Van Noppen and Dan Linker for their work on the Miller St. bank, Pam Viau for working inside the circle drive, and to Les and Julie Taylor for maintaining the rectory grounds.

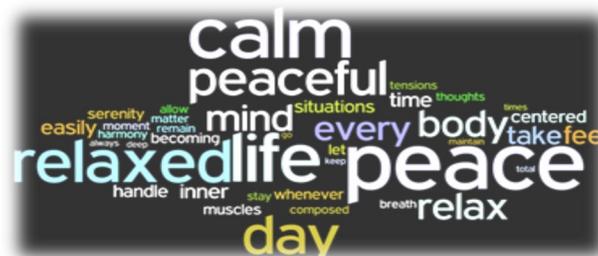
OUR NEXT GROUNDS WORK DAY WILL BE SATURDAY, OCTOBER 28, after I return from a month in Japan with my daughter and her family. Look for notices in the bulletin and newsletter.

Mary Alice Lodico

Yoga for Grace on Saturday, September 23



What is yoga, and how can a yoga practice deepen faith and hope, and lead towards love? In this mini-retreat, we'll use movement, meditation, brainstorming, and discussion to stretch ourselves and our minds, open ourselves to answers, and support one another along the way. Everyone aged 13 and up is welcome to find out on Saturday, September 23, 9:00 a.m. – 12 p.m. in Thatcher Hall. The cost is \$10 per family. Sign up by going to the Grace web site (gracewaynesville.com). Under "Events," click on "Signup-Yoga for Grace" and follow the directions. If that doesn't work, call Laura Armour at 865.694.4567. Bring your own recyclable container with what you'd like to drink. Yoga mats and snacks will be provided. Payment is due the day of the class, so come a little early so we can start promptly at 9:00 a.m.!



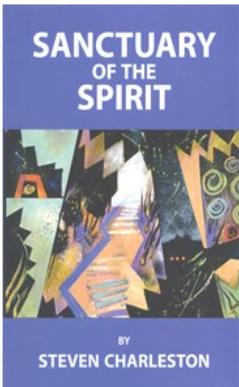
Graceful Hikers

Les and Julie Taylor and I enjoyed a wonderful hike from Waterrock Knob to Soco Gap on 8/19. The weather was perfect. While the first part of the hike was a bit rocky, the trail smoothed out after about a mile. We marveled at the work of the trail builders in moving stones, building steps, and cutting tree roots and trunks to construct the trail. We were surrounded by lush foliage, summer wildflowers, and beautiful ferns--truly a forest primeval.

The next hike is September 15, probably a trail in the Cataloochee Valley. I will announce a specific hike a week before the hike. If you would like to be on the Graceful Hikers' email list, please contact me at pnolteviau@gmail.com.

Pamela Nolte-Viau

September Library Notes



I'd like to highlight and recommend a single book this month: ***Sanctuary of the Spirit*** by Stephen Charleston. He is an elder of the Choctaw Nation, former Episcopal Bishop of Alaska, and has served on the faculty of three major seminaries, including The Episcopal Divinity School in Cambridge, MA, where

I first became aware of him. I also follow him on Facebook for his daily meditations and highly recommend that as well.

Archbishop Desmond Tutu said of this book, "Bishop Stephen Charleston is a voice of hope for our times. I pray many will listen to that voice in this collection of his writings."

Sanctuary of the Spirit is a handbook on how to live a spiritual life, a call to community across all lines of division. Sanctuary is not a place to hide when times get bad, but a community in which to be healed, strengthened, and prepared. It is an invitation to create a calm space of love in the eye of the storm. It

speaks to what we can all do, right where we are and just as we are to maintain community and integrity in the midst of diversity.

A quote from this book: *The community of the Spirit is not based on a resolution of our differences but on a reconciliation of our differences. Reconciliation and resolution are two very different things. We may never resolve who is "right" in their religious choices, but we can reconcile how we carry on living in that diversity. We can understand that ambiguity is not anarchy, diversity is not division. Like any human family in any culture in any religious tradition at any time in our history: we are fundamentally, foundationally, the same. We are related. We are in kinship. Therefore, we are the living both-and of spiritual community: we are many and we are one.*

You can find ***Sanctuary of the Spirit*** in the Featured Titles section, the first set of shelves on your right as you enter our library.

Paula Welling

Librarian

pmw02176@yahoo.com

Marthas' Guild



Everyone is invited to join the Marthas for unusual conversations on Thursday mornings between 10:00 a.m. and 12:30 p.m. We settle all the problems of the world!

Marthas want everyone to wish these folks a Happy Birthday on their very special day...

- 9/3 Tony Sexton & Phyllis Watson
- 9/6 Daniel Allen
- 9/7 Ernie Reddick
- 9/9 Jo Phelps & K. G. Watson
- 9/10 Melanie Anne Cyre & Diane Reece
- 9/13 Linda Martin
- 9/16 Jim Crowder, Marion Patrick, & Lynn Smith
- 9/17 Eleanor Crowder, Linda Deeb, & Joanne Reddick
- 9/19 Joe Tyburski

Ann Overbeck
Acting Correspondent
(828) 456-7641

September in the Garden

School has begun and the children's summer programs in the Grace Giving Garden are complete. Our hectic gardening work is slowing down. Harvesting, however, is ramping up. Cucumbers and tomatoes are plentiful. Squash and peppers are coming in, as well, so we will be taking veggies into the food pantry for several weeks to come. Our primary September project will be the construction of the small stone amphitheater at the top of the garden. Large stones and gravel piles will be present and minor earth leveling, path work and seating construction will be ongoing, so please be patient with the disarray behind the church for a little while longer. We hope the final footprint of the garden—and all that it will bring to our church and community—will make it all worthwhile.

Coming Soon: We garden facilitators want to talk with you about our summer's efforts on a Sunday in mid-fall. We'd like to show you a wheelbarrow full of pictures, ask for God's blessing over the garden, and enjoy a harvest potluck with the entire congregation. The church bulletin and a later issue of Grace Notes will announce the date and time.

In the meantime, take a look at this month's two

photos that spotlight our key gardeners. The first is a rare picture of Jim Geenen finally resting after much heavy lifting and setting in the prototype of our first stone bed.



In the other picture, Mary Alice Lodico shows two young Food Pantry friends how to pick tomatoes down in the large field bed.



This summer our church witnessed the birth of a *real community garden*. We think the important word in that description is community.

Onward and upward,
Emily Chatfield-Lusto
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C: 828-564-6026
emilyschatfield@yahoo.com



TREASURERS SUMMARY REPORT

	7	Year to Date		
	Current Month as of 7/31/2017	Actual	Budget	
		<u>7/31/2017</u>	<u>Y-T-D</u> <u>Budget</u>	<u>Y-T-D</u> <u>Budget</u>
Current Year Pledges	26,734	149,817	132,626	17,192
Non-Pledge/Loose Plate	4,598	19,136	17,874	1,262
Prior Year Pladges	-	598	-	598
Fund, Gift & Other Income	504	5,316	8,079	(2,763)
Residual Operation Income	-	-	10,344	(10,344)
Total Operating Income	31,837	174,868	168,922	5,946
Total Operating Expenses	16,969	172,603	168,922	3,361
Net Operating Surplus (Deficit)	14,867	2,265	0	7,581

Complete financials are available upon request.

Please contact Fred Deeb (828) 620-1917 if you have questions.

Fred's Email: f.deeb@charter.net

Grace Waynesville

Sep 2017 (Eastern Time)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27 8 am - Holy Eucharist 9 am - Coffee Hour @ 10:30am - Holy 11:30am - Coffee 6 pm - "La Misa"	28 Noon Deadline for 10 am - Food Pantry 10:30am - AA- 12 pm - AA-Grace 5:30pm - FAA @ AA 7 pm - Summer Bible	29 10 am - Food Pantry 12 pm - AA-Grace 4 pm - Signature 7 pm - Waynesville 8 pm - AA-Grace 8 pm - Al-Anon @	30 9 am - Open Library 10 am - Food Pantry 10 am - Sew Graceful 10:30am - Al-Anon 12 pm - AA-Grace 12 pm - Eucharist +	31 10 am - Food Pantry 10 am - Marthas 12 pm - AA-Grace 5:30pm - Haywood 6 pm - Sisters of 6:30pm - Haywood	1 10 am - Food Pantry 12 pm - AA-Grace	2 9 am - Men of Grace 10:30am - Altar
3 8 am - Holy Eucharist 9 am - Coffee Hour @ 10:30am - Holy 11:30am - Coffee 6 pm - "La Misa"	4 Office & Food 10:30am - AA- 12 pm - AA-Grace 5:30pm - FAA @ AA 7 pm - Summer Bible	5 10 am - Food Pantry 12 pm - AA-Grace 12 pm - Noon 4 pm - Signature 7 pm - Waynesville 8 pm - AA-Grace	6 9 am - Open Library 10 am - Food Pantry 10:30am - Al-Anon 12 pm - AA-Grace 12 pm - Eucharist + 6 pm - Grace Thomas	7 10 am - Food Pantry 10 am - Marthas 12 pm - AA-Grace 5:30pm - Haywood 6 pm - Sisters of 6:30pm - Haywood	8 10 am - Food Pantry 12 pm - AA-Grace	9 10 am - Daughters of 10 am - Sew Graceful
10 8 am - Holy Eucharist 9 am - Coffee Hour @ 10:30am - Holy 11:30am - Coffee 6 pm - "La Misa"	11 Noon Deadline for 10 am - Food Pantry 10:30am - AA- 12 pm - AA-Grace 5:30pm - Changema 5:30pm - FAA @ AA	12 10 am - Food Pantry 12 pm - AA-Grace 12 pm - Adult Ed. 4 pm - Signature 7 pm - Waynesville 7:15pm - Al-Anon	13 9 am - Open Library 10 am - Food Pantry 10:30am - Al-Anon 12 pm - AA-Grace 12 pm - Eucharist + 2 pm - Reissig	14 10 am - Food Pantry 10 am - Marthas 12 pm - AA-Grace 5:30pm - Haywood 6 pm - Sisters of 6:30pm - Haywood	15 Deadline for Grace 10 am - Food Pantry 12 pm - AA-Grace	16 9 am - Graceful 10 am - Order of St. 12:30pm - Harvest
17 8 am - Holy Eucharist 9 am - Coffee Hour @ 10:30am - Holy 11:30am - Coffee 6 pm - "La Misa"	18 Noon Deadline for 10 am - Food Pantry 10:30am - AA- 12 pm - AA-Grace 5:30pm - FAA @ AA	19 10 am - Food Pantry 12 pm - AA-Grace 4 pm - Signature 7 pm - Waynesville 8 pm - AA-Grace 8 pm - Al-Anon @	20 Deadline for 9 am - Open Library 10 am - Food Pantry 10:30am - Al-Anon 12 pm - AA-Grace 12 pm - Eucharist +	21 10 am - Food Pantry 10 am - Marthas 12 pm - AA-Grace 5:30pm - Haywood 6 pm - Sisters of 6:30pm - Haywood	22 10 am - Food Pantry 12 pm - AA-Grace	23 9 am - Yoga /
24 8 am - Holy Eucharist 9 am - Coffee Hour @ 10:30am - Holy 11:30am - Coffee 6 pm - "La Misa"	25 Noon Deadline for 10 am - Food Pantry 10:30am - AA- 12 pm - AA-Grace 5:30pm - FAA @ AA	26 10 am - Food Pantry 12 pm - AA-Grace 4 pm - Signature 5 pm - Outreach 6 pm - Deck 7 pm - Waynesville	27 9 am - Open Library 10 am - Food Pantry 10:30am - Al-Anon 12 pm - AA-Grace 12 pm - Eucharist + 7 pm - Choir	28 10 am - Food Pantry 10 am - Marthas 12 pm - AA-Grace 5:30pm - Haywood 6 pm - Sisters of 6:30pm - Haywood	29 10 am - Food Pantry 12 pm - AA-Grace	30